## CalPERS Long-Term Care Program

# We're Here to Help

You've told us your employees often ask questions about long-term care that you may not be able to answer. The CalPERS Long-Term Care Program is here to help. Refer to these resources to learn more about long-term care and long-term care coverage on your own, or contact us directly and we can help provide the in-depth information you and your employees need.

## CalPERS Long-Term Care Program

www.CalPERSLongTermCare.com CalPERSLTC@univitahealth.com

(800) 908-9119 — dedicated applicant line (800) 982-1775 — current participant line (800) 845-8427 — dedicated employer line

#### CalCareNet

The California Care Network is a comprehensive, easy-to-use, accessible website for consumers, caregivers, family members and providers seeking information on long-term care services.

www.calcarenet.ca.gov

## California Health Advocates

California Health Advocates is a non-profit organization dedicated to Medicare advocacy and education for Californians. The Health Insurance Counseling & Advocacy Program provides free information and counseling about Medicare.

www.cahealthadvocates.org/HICAP (800) 434-0222

## California Department of Aging

The California Department of Aging (CDA) administers programs that serve older adults, adults with disabilities, family caregivers and residents in long-term care facilities throughout the state. The department administers funds allocated under the federal Older Americans Act, the Older Californians Act and through the Medi-Cal program. CDA offers a consumer's guide to long-term care.

www.aging.ca.gov (916) 419-7500

#### Center for Medicare & Medicaid Services

The Center for Medicare & Medicaid Services runs the federal Medicare Program and offers answers to billing, claims, medical records and expense questions on its website.

www.medicare.gov (800) MEDICARE or (800) 633-4227

### U.S. Department of Health and Human Services

The U.S. Department of Health and Human Services maintains a long-term care website with facts and information to consider about long-term care.

www.longtermcare.gov (202) 619-0724

## American Association of Long-Term Care Insurance

The American Association for Long-Term Care Insurance was established in 1998 to educate individuals and to support insurance and financial professionals who market long-term care coverage.

www.aaltci.org (818) 597-3227

